

of a recent flu "did his legs in"! Matt moved into the lead, closely followed by Steve Cunningham and Paul Mawhirt. Behind them, Fiona Maxwell was running superbly, mixing it with the lads of the chasing pack. Through the first, then second col on the high section of the course and Mat still led, chased now by vet 40 Paul Mawhirt, running really well after a few years out due to back injury. Steve Cunningham put his descent skills to good use to catch and then nudge ahead of Paul as they raced down the Happy Valley, but try as he might he could not get onto Matt's tail as they raced along the slippery Ulster Way section. Matt swept home to win in a new personal best time, good going considering the mucky conditions and buffeting winds.

Fiona Maxwell also recorded a personal best time, but hers smashed the course record by over three minutes. This performance is all the more remarkable as she had lowered the record last year by over two and a half minutes. Anne Sandford was next lady home and third place went to Charlene Haugh. Other fine performances included vet 50 Dominic McGreevy, who came home in 9th place and second vet overall. Just behind him and improving with every race was David Gamble, still unattached though no doubt a marriage prospect for some club!

The prize giving was at the Tollymore Mountain Centre assisted by mince pies and mulled wine. A big thanks to Jackson's Sports and Tisos for prizes and to all the marshals who give up their leisure time to freeze in the hills for the muck splattered pleasure of others. What would our sport do without such good will to all?

Jim Brown

1. M. Williamson	Bellah	47.46
2. S. Cunningham	Mourne	48.25
3. P. Mawhirt O/40	N'castle	48.47
4. R. Ferguson	NBelf	50.01
5. M. Alexander	Ballym	50.21
6. J. Steede	Ballym	50.22
7. R. Cowen	Willowf	50.34
8. A. Stevenson	Mourne	50.53
9. D. McGreevy O/50	Ballydr	51.50
10. D. Gamble	Unatt	52.15

VETERANS O/40

1. (3) P. Mawhirt	N'castle	48.47
2. (14) F. Maxwell	Mourne	53.08
3. (15) D. McElroy	N'castle	53.30

VETERANS O/50

1. (9) D. McGreevy	Ballydr	51.50
2. (37) H. Teggarty	Mourne	61.33
3. (48) W. Bown	Mourne	64.16

VETERANS O/60

1. (16) J. Patterson	Mourne	53.32
2. (64) B. Hamill	EDown	71.34
3. (73) I. Taylor	BARF	79.39

LADIES

1. (14) F. Maxwell O/45	Mourne	53.08
2. (40) A. Sandford O/40	N'castle	61.08
3. 43) C. Haugh	Mourne	62.01
4. (52) S. Hambling O/40	NDown	66.38
5. (58) J. Toal	BARF	68.35

78 finishers

WANSFELL FELL RACE

Cumbria
27.12.07

1. A. Dunn	HelmH	21.34
2. M. Fanning O/40	Borr	21.44
3. T. Addison	HelmH	22.03

4. G. Devine O/40	P&B	22.41
5. M. Reedy	Amble	22.45
6. M. Robinson	DkPk	23.16
7. P. Cornforth O/40	Borr	23.31
8. D. Birch	Kesw	23.35
9. D. Walker	Clay	23.37
10. B. Proctor O/50	HelmH	24.09

VETERANS O/50

1. (10) B. Proctor	HelmH	24.09
2. (22) J. Holt	Clay	25.30
3. (25) C. Taylor	Mercia	25.57

VETERANS O/60

1. (28) D. Spedding	Kesw	26.27
2. (73) J. Linley	Clwydian	32.22
3. (79) G. James	B'pool	34.54

LADIES

1. (16) N. White	Bing	24.35
2. (18) J. Waites	CaldV	24.47
3. (23) M. Hyder	HelmH	25.39
4. L. Lacon	Holm	25.50
5. J. Reedy	Amble	26.13
(58) K. Ayres O/40	Amble	30.18

88 finishers

INTERNATIONAL FESTIVAL OF DOWNHILL RUNNING Clwydian Hills, Wales 28/29/30.12.07

Great weekend of plunging downhill, we'll certainly put at least one of them on next year. Comments from website forums were as follows: 'Well done Welsh Harrier a great weekend of running. Thank you - Do we have to wait a whole year for more downhill fun?.....I like this thread. It seems to me to have a lot what is best in our sport (I mean in terms of the spirit of it rather than merely the lack of uphill)......The spirit was superb, having to make your way to the start and getting there too early and seeking shelter from the elements in and around the Tower with other runners, then having a nice drink in a warm friendly pub with them again at the end, brilliant day!!.....Today was the best though, I haven't run so hard in absolutely ages, it may have only lasted just under 13 minutes but it was definitely a thrill a minute, if not every 30 seconds, as well as the thrills I experienced a few spills as well, but that just adds to the fun!.....I love this idea!! and great to see Bowland's very own ydt in the results having good runs - as always!.....There should be more downhill races I reckon - downhill running is the most technical and exciting aspect of the sport after all.....I can confirm that the Jubilee Plunge was 2 and a half miles of pure FUN!!'

Martin Cortvriend

The Cannonball Run 3.5m/1300ft descent

1. N. Parry	Unatt	24.07
2. M. Cortvriend O/50	Macc	24.47
3. C. Marshall	EllesP	25.02
4. C. Jones	Clwydian	26.17
5. A. Singleton O/40	Pensby	26.28
6. Y. Tridimas O/60	Bowland	27.05
7. D. Stephens O/50	Unatt	28.00
8. J. Keyworth	Pensby	28.27
9. E. Salisbury Lady O/40	Eryri	30.31
10. V. Belshaw O/40	Eryri	30.32
(14) P. Norman O/70	Wrex	45.18

14 finishers

The Druid Drop

3m/1500ft descent

1. N. Parry	Unatt	30.18
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2. C. Marshall	EllesP	30.44
3. M. Cortvriend O/50	Macc	32.03
4. M. Gillie Lady	Clwydian	32.35
5. V. Belshaw O/40	Eryri	34.24
6. Y. Tridimas O/60	Bowland	36.02
7. D. Watkin Jones O/50	Unatt	43.42
8. L. Lohman Lady	Denbigh	48.01
9. P. Norman O/70	Wrex	55.58

9 finishers

The Jubilee Plunge 2.5m/1400ft descent

1. M. Cortvriend O/50	Macc	12.48
2. C. Marshall	EllesP	12.50
3. C. Jones	WFRA	13.11
4. S. Hammond O/40	Tatten	13.25
5. M. Blake O/50	Eryri	13.36
6. N. Holmes O/40	Tatten	13.39
7. J. Fowlie	Unatt	14.30
8. C. Jones	Clwydian	14.41
9. V. Belshaw O/40	Eryri	15.15
10. D. Sykes O/40	Tatten	15.27

LADIES

1. (13) C. Page	CheshFTri	16.33
2. (16) S. Hammond O/40	Tatten	17.12
3. (20) A. Davies	Tatten	21.35
4. (21) S. Lloyd O/50	Mercia	22.52
(24) V. Cortvriend O/50	Denbigh	28.14

27 finishers

AYHOPE SKYLINE

Tyne & Wear

BM/9.5m/1330ft 30.12.07

The race had a good entry for this first running of the race over Christmas with over 50 entrants. Nick Swinburn led the field and finished in 60.44 with Joe Charles in second place in 62.06. First lady home was Karen Robertson in 73.13. The first Durham fell runner home was Andrew Minster 66.32

Gerry Hehir

1. N. Swinburn	NFR	1.00.44
2. J. Charles	Unatt	1.02.06
3. J. Buis	Heat	1.03.37
4. S. Mclay O/40	VetAC	1.05.38
5. J. Blackett O/40	DkPk	1.05.44
6. G. Jones	NFR	1.05.58
7. A. Minster	DFR	1.06.32
8. R. Colins O/40	Tees	1.08.13
9. P. Robins	Heat	1.08.30
10. A. Henderson O/40	DFR	1.11.24

VETERANS O/50

1. (12) G. Hewitson	Crook	1.13.04
2. (16) K. Edwards	FellP	1.14.31
3. (19) G. Davis	NFR	1.16.46

VETERANS O/60

1. (38) P. Whewell	NYMAC	1.29.54
2. (44) G. Gardener	BurnR	1.31.56
2. (45) P. Hamson	Tring	1.32.28

LADIES

1. (13) K. Robertson	NFR	1.13.13
2. (17) K. White	NYMAC	1.15.32
3. (25) C. Buis	Heat	1.18.48
4. (29) S. Jackson	L'pool	1.21.55
5. (31) F. Turley	Heat	1.23.16

50 finishers

AULD LANG SYNE

West Yorkshire

BM/6m/900ft 31.12.07

1. A. Brownlee	Bing	39.07
2. A. Jones	Salf	39.23

3. J. Walsh	Leeds	39.59
4. I. Holmes O/40	Bing	40.37
5. T. Cornthwaite	B'burn	40.58
6. N. Swinburn	NFR	41.06
7. A. Peace	Bing	41.47
8. J. Brownlee U/18	Bing	42.09
9. A. Duffield	Loft	42.20
10. A. Hilton	York	42.26

VETERANS O/50

1. (39) B. Goodison	Abbey	47.12
2. (60) H. Brooksbank	Abbey	49.15
3. (64) D. Collins	Tod	49.32

VETERANS O/60

1. (109) K. Carr	Clay	52.33
2. (160) N. Bush	Ilk	55.30
3. (222) G. Arthur	Ilk	58.05

VETERANS O/70

1. (407) G. Arnold	Prest	70.07
2. (456) B. Leathley	Clay	80.02

LADIES

1. (37) O. Walwyn	Altrinch	47.05
2. (81) S. Taylor	Bing	50.39
3. (86) L. Lacon	Holmf	51.03
4. (101) G. Sugden	Cald	52.04
5. (131) E. Barclay O/40	Ilk	53.28
(147) S. Malip O/40	Ilk	54.20
(193) E. Tomes O/50	Kghly	56.45
(305) J. Smith O/50	Tod	62.14
(385) S. McNulty O/60	Rad	68.03
(404) J. Atkins O/60	Chorl	69.56

471 finishers

GIANT'S TOOTH FELL RACE

West Yorks

CS/3m/400ft 01.01.08

A superb turnout once again for our bit of New Year's Day fun, with a record 97 runners.

I continue to be amazed that you all see fit to get out of bed on such a dank drizzly first day of January and come to run!!

Thanks to all the helpers and marshals, especially Cath, Linda and Dorothy on registration, my mum and dad on drinks and Colin Davies and Chris Smale who gathered in the markers as a warm-down!

Have a great 2008 and see you all again soon.

Allan Greenwood

1. S. Dimelow	P'stone	17.33
2. C. Smale O/40	Tod	17.38
3. J. Witter U/18	Traff	17.44
4. B. Elsworth	Wharf	18.15
5. A. Grant O/40	Abbey	18.42
6. R. Ashton	PudP	18.59
7. S. Smithies O/40	CaldV	19.19
8. T. Edward O/40	Clay	19.28
9. M. Firth O/40	Queensb	19.36
10. I. Rowbotham O/40	Hgate	19.40

VETERANS O/50

1. (14) P. Hughes	Queensb	20.19
2. (29) C. Marshall	Kghly	21.43
3. (31) S. Moss	Spen	21.57

VETERANS O/60

1. (74) P. Ehrhardt	Tod	26.24
2. (84) T. Ridgeway	Salf	29.11
3. (87) D. Wood	Borr	31.18

LADIES

1. (33) R. Whitehead	Bing	22.01
2. (34) C. Wolfenden	Wharfe	22.07
3. (38) C. Fryer O/40	Hfx	22.24
4. (39) S. Grant	Abbey	22.29
5. (41) C. Hanson	CaldV	22.37

96 finishers

Photo courtesy of David Brett



Auld Lang Syne Youngster
Alistair Brownlee leads
the 474 runners out of
Sladen Beck